Our Mission

Association House serves a multi-cultural community by providing comprehensive, collaborative and effective programs in English and Spanish.

We promote health and wellness and create opportunities for educational and economic advancement.

Join Us

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Behavioral Health

Psychosocial Rehabilitation (PSR)

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Servicios disponibles en español.
Overview

Psychosocial Rehabilitation (PSR) is a structured, therapeutic program offering group and individual services aimed at building social, economical, vocational, independent living, symptom management, and other skills designed to maximize participants’ self-sufficiency, role function, participation in the community, and independence.

Who do we serve?
The PSR program is open to Medicaid eligible adults with severe or chronic mental illness, or co-occurring mental illness and substance use disorder. The program is offered in English and Spanish.

Program Specifics
The length of stay in the program depends on an individual’s needs and treatment goals. Usually, participants stay in the program anywhere between six months and two years.

Participants will experience both individual and group services, as determined by need.

Participants in the PSR program have various opportunities throughout the year to attend local events and attractions, and enjoy various recreational activities. Past activities include: attending mental health rallies downtown, participating in the NAMI walk for mental health awareness, visiting local museums and music events, and contributing to our on-campus garden.

Our Program

The PSR curricula cover a wide range of topics, designed to help participants increase their ability to live healthfully and independently. Services focus on:
- Independent Living Skills
- Symptom Management for: Depression, Anxiety, Bipolar Disorder, Schizophrenia, etc.
- Coping Skills
- Medication Management
- Healthy Living
- Building Healthy Relationships
- Social Skills
- Communication Skills
- Safety at Home
- Safety in the Community
- Money Management
- Planning and Decision Making
- Self Advocacy

Our Staff

Our staff consist of trained counselors, clinicians, clinical interns, and a program supervisor, all dedicated to helping each participant maximize their learning and development while enrolled in the program.

Our Facility

The PSR program is located at 1116 N. Kedzie Avenue, near the Division and Kedzie intersection in the Humboldt Park area. The participants have access to a cafeteria, where group meals are prepared by participants and staff daily. Association House offers many additional programs for participants to enroll in, including case management, community support, and psychiatric services.

FAQ

Frequently Asked Questions:

Do you provide transportation?
The PSR program does not provide transportation. Participants enrolled in other AHC programs that provide case management may receive assistance in applying for transportation services for PSR.

What is the program schedule?
The program is available Monday through Thursday, from 8:30am to 2:30pm. Participants will work with a clinician to decide which days work best. Participants are expected to attend full days (8:30 am - 2:30pm) on the chosen days of attendance. Breakfast and lunch are served daily, and several breaks are scheduled throughout the day.

What Medicaid plans do you accept?
Association House is currently approved to accept many healthcare plans, including Aetna Better Health, IlliniCare Health, and Together4Health. Call to find out if your healthcare plan is on the list.